

SUICIDE STATISTICS

- Approximately 1100 college students die by suicide each year, making it the **second-leading** cause of death among college students (CDC)
- Suicide is the **10th leading** cause of death in the US for all ages. (CDC)
- Every day, approximately 123 Americans die by suicide. (CDC)

CANISIUS COLLEGE COUNSELING CENTER

PHONE: 716-888-2620



EMAIL: COUNSEL@CANISIUS.EDU



VISIT OUR WEBPAGE:



OTHER RESOURCES:

Canisius College Public Safety
716-888-2330

Crisis Services
716-834-3131

National Suicide Prevention Lifeline
1-800-273-TALK

Ask a Question
Save a Life

QPR

Question. Persuade. Refer.

Suicide Prevention Training

Become a Gatekeeper

LEARN HOW TO RECOGNIZE WARNING SIGNS OF SUICIDE



STEPS OF QPR

Question · Persuade · Refer

- 1 QUESTION THE PERSON ABOUT SUICIDE
- 2 PERSUADE THE PERSON TO GET HELP
- 3 REFER THE PERSON TO THE APPROPRIATE RESOURCES

A **Gatekeeper** is someone trained to recognize a suicide crisis and knows how and where to find help

PURPOSE OF QPR

QPR is a 90 minute suicide prevention training program for students, faculty and staff. It is intended to teach everyone to recognize the warning signs, clues, and suicidal communications of people in trouble to ACT vigorously to prevent a possible tragedy.



For more information or to **Register** for a QPR Training Session contact:

Canisius College Counseling Center
Bosch Hall 105
716-888-2620
counsel@canisius.edu