

DISPOSITION RATING FORM – SELF ASSESSMENT

Canisius College Counseling Programs

The personal and professional dispositions listed below are critical for the successful counselor. Please rate yourself using the following rating scale:

- 5** = Embodies this Disposition in All Professional and Personal Activity
- 4** = Disposition is Evident in All Professional and Personal Activity
- 3** = Disposition is Satisfactorily Displayed in Professional and Personal Activity
- 2** = Disposition is Displayed in Professional and Personal Activity with Some Inconsistency
- 1** = Disposition is Not Displayed

	1	2	3	4	5
1. Dignity and Respect for Self and Others: Treats all people with respect as defined by emotionally controlled communication, and the absence of pejorative labeling. In addition, the student recognizes and practices self-care.					
2. Embraces Diversity: Seeks to understand all persons and cultures. Never behaves in a prejudicial or discriminatory manner to any group of people.					
3. Professional Integrity: Demonstrates personal responsibility in academic and professional endeavors; personal and professional maturity; honesty and congruence.					
4. Ethical Behavior: Always acts in an ethical manner as described in the current version of the Ethical Standards of the American Counseling Association.					
5. Empathy: Demonstrates empathy by recognizing and being able to verbalize the emotional and experiential realities of others.					
6. Openness/Accepts feedback: Accepts feedback in a constructive manner as demonstrated by professional and thoughtful consideration and subsequent modification of behavior without discounting the suggestions made by professors and fellow students.					
7. Engagement/Communication: Engages with other students and professors in a positive manner as experienced by students and professors.					